

Social Action Center mission serves 472 patients

Roxas City—Some 472 patients from the St. Damien of Molokai Mission Station benefited from the various medical services during the Medical-Dental-Circumcision Mission and Bloodletting Activity led by the Social Action Center, Aug. 17 in Brgy. Maindang, Cuartero, Capiz. Of the total patients, 162 adults and 97 children availed themselves of medical checkup; 120, dental services; and 93 boys, free circumcision.

The Mission Station was likewise supportive of the Bloodletting Activity of the Capiz Red Cross through its volunteer blood donors. The patients were served through volunteer doctors, dentists and nurses from the Philippine Army, the Capiz Red Cross, the Cuartero's health unit and other volunteers.

Medicines dispensed to the beneficiaries came from donations of doctors, the 61st Infantry Battalion, drugstores, drug companies and various individual donors collected by the Social Action Center (SAC).

SAC worked in partnership with the 61st Infantry Battalion, Philippine Army headed by LTC. Christopher Sab-it, Capiz

Red Cross and the Local Government Unit of Cuartero through its Municipal Health Office, The St. Damien of Molokai Mission Station covers six neighboring barangays in Cuartero including Agdahon, Mainit, Maindang, Balingasag, Sinabsaban and Lunayan.

Rev. Mark Granflor, SAC director, said it was no less than the bishop of the Archdiocese of Capiz, Most Rev. Jose Advincula, Jr. D.D., accompanied by Rev. Fr. Digno V. Jore, Jr. who dropped by during the event.

Granflor said the bishop wanted to surprise the group with his visit but it turned out that he was the one who got

PATIENTS /5

Mambusao couple robbed at gunpoint

By Jose Arsenio Quinzon

Mambusao, Capiz—A retired teacher and her husband were allegedly robbed at gunpoint with their own firearm inside their house at Brgy Atiplo, this town by an unidentified suspect Aug. 13.

Merlita Navarra narrated that it was at 12 midnight of the said date when she and her husband were awakened by a noise made by a thief who ransacked their house

thru the sliding window.

The thief, who already had her husband's 9mm-caliber pistol, demanded their cash and assorted jewelries.

Navarra claimed that the thief went away with P15,000 cash, assorted jewelries worth P50,000 and the 9mm-calibre Daewoo pistol.

Mambusao Police is conducting investigation to trace the thief's whereabouts./TCT

CITY PESO HOSTS JOBS FAIRS

ROXAS CITY—The city government thru its Public Employment Service Office (PESO) conducted a jobs fair on August 16 at Barangay Banica here to provide job opportunities to community residents.

As part of Mayor Angel Alan Celino's development agenda dubbed HOPE (Health, Opportunities, Peace and Order and Environmental Protection), the same activity will be

replicated in barangays II and VII.

"First to avail themselves of the grassroots jobs fair were the residents of barangay Jumaguicjic and adjacent communities Aug. 2."

Thousands also took part in the jobs fair at the City Hall and Dinggoy Roxas Civic Center last June and July which were joined by various local and international placement



WITHIN THE WALLS

Members of the Sarayawan Dance Company of the Colegio de la Purisima Concepcion wow audiences with their production number during the College's 66th Grand Intramurals opening program on Aug. 5, 2013 in downtown Roxas City. (The Purisimian/TCT)

NSO poverty survey completed

ROXAS CITY—The month-long enumeration on the Annual Poverty Indicators Survey (APIS) in Capiz has recently been concluded.

According to Frankie Dordas, head of the National Statistics Office Capiz, some 100 households from the seven barangays in the entire province were chosen as sample respondents for this year's APIS. These were the barangays in Dao, Cuartero, Pontevedra, Sigma and Tapaz.

The ninth in a series of poverty indicators surveys since 1998 APIS gathered data which will be used as one of the inputs in the generation of a national-level estimate of poverty incidence.

The same will be used to formulate policies and programs of the national

government geared to improve the living condition of the poor, Dordas said.

A rider to the July 2013 Labor Force Survey of the said agency, APIS included a section on social protection

which seeks to determine membership of family members in any social or

health insurance programs and benefits received from social assistance program of the government.

It also covered a module gathering information on the extent of pervasiveness of corruption in the country.

Based on the same

POVERTY SURVEY /5

ROXAS CITY AND CAPIZ FACTS & FIGURES

From the National Statistics Office Capiz

As of May 1, 2010, Capiz had a population of 719,685, or some 65,529 persons bigger than 654,156 in 2000.

Increase in population from 2000 to 2010 translated to an average annual population growth rate (PGR) of 0.96 percent, lower than the 1.14 percent annual PGR of the province between 1990 and 2000.

If the average annual PGR recorded at 0.96 percent during the period 2000 to 2010 continues, Capiz population would double in about 73 years.

Fifty years ago, the population of Capiz was only 315,079, more than two fifths of the population in 2010.

Roxas City had the biggest population, accounting for 21.7 percent./TCT

Tapaz ranked second with 6.7 percent share, followed by Dumara with 6.1 percent; Pontevedra, 6.0 percent; band Panay, 6.0 percent.

The rest of municipalities contributed less than 6.0 percent each.

Least populated was Sapián with 3.4 percent./TCT

The Capiz Times

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Don't Cross the River

By Charl Boie

A proverb warns: "Don't cross the river if you can't swim the tide."

In Capiz culture, this proverb may be side-stepped. "Makatabuk gyapon bisan inidu (or langoy-idu, meaning the way dogs swim.)"

For several weeks, Vice-mayor Dadiwas and Councilor Julius Abela could not just simply agree on the controversy whether or not a committee report must be submitted in written form to the Secretary to the Sangguniang Panlungsod.

At first glance, the issues seem trivial. On second thought, public interest is really at stake.

The controversy arose when on July 3 this year, the Sangguniang Panlungsod (SP) deliberated on a Joint Letters of Mayor Celino and Vice-mayor Dadiwas requesting an authority through an ordinance to transfer/adjust any item in the approved annual and supplemental budgets within the same expense class of appropriation under the Executive and Legislative Departments, pursuant to Sec. 336 of the 1991 Local Government Code (LGC).

The LGC's Implementing Rules & Regulations (IRR) specifically states: "No ordinance shall be passed authorizing any transfer of appropriations from one item to another."

The local chief executive or the presiding officer of the Sanggunian concerned may, by ordinance, be authorized to augment any item in the approved annual budget for their respective offices from savings in other items within the same expense class of their respective appropriations."

The general rule declares, pursuant to Art. 454 and 418 of the same Code, that savings i) may arise from portions or balance of programmed appropriation free from any obligation or encumbrance, or, from unpaid compensation and related costs pertaining to vacant positions and leaves of absence without pay; ii) shall not be made available for expenditure prior to December 31 of each fiscal year, in compliance with the rule of reversion of unexpended balances of appropriations, and except for continuing appropriations which are allowed by law.

Augment or "augmentation" is the operative term here. And not "transfer." The pertinent

section cited in the joint letter request does not contemplate in clear and unambiguous terms the legality of "transfer" of funds. Art. 454 (b) (2) of the Code's IRR stipulates that "augmentation implies the existence in the budget of an item, project, activity or purpose with an appropriation which upon implementation or subsequent evaluation of needed resources is determined to be deficient." Very clear.

Note well—The July 23 SP Calendar of Business uses the alternative, symbolic term "transfer/augment" which is obviously deceptive (see Unfinished Business, No. 2, Agenda). What more the joint letter request undermines the juristic proscription on two titles, if not, subject matters, of an ordinance.

Simply put, the phrase 'transfer of funds' is different from 'augmentation of funds, and each phrase bears its own distinct legal implications, requiring divergent protocols.

In 'augmentation,' deficiency must be determined by a proper agency. The item, project, activity or purpose in the annual budget, not in any supplemental budget, must exist and be identifiable./TCT

TO BE CONTINUED

Obstruction or Justice?

Part 5 of A Series

POINT & COUNTERPOINT



VIRGILIO CLAVEL

On the strength of the foregoing arguments against P.D. 1829's provisions on Obstruction of Justice, the law enforcement agencies/agents will be exposed to grave danger. No option was available to them but to enforce a particular law or piece of legislation despite its silence, obscurity or non-use as a result of imperfect or deceptive provisions contained therein.

The authority to formulate laws is entrusted to Congress and not to the Executive Branch. Police officers basically law enforcers. In executing the arrest warrant to an accused or felon, a lowly police officer will have to rely on his familiarity and honest appraisal of the decree's provisions. The highest degree of good faith and fair play is essentially

required. And these two virtues of law enforcement are no longer in professional currency among Philippine National Police operatives. The rampant extra-judicial killing of criminals and the overly politicized PNP establishment pose a great danger to those who are outside the grace of the Noynoy Aquino administration. To a Liberal Party cardholder, the danger is not a source of worry or woe.

When the Department of Justice (DOJ) under the Office of the President went beyond the confines of its jurisdiction and the Supreme Court had consistently ruled against certain provisions of P.D. 1829, the fault or malice leading to political repression points to the higher echelon of the enforcement agency, more likely the Department of Interior & Local Government (DILG), the DOJ or even up to the level of the Office of the President. The Obstruction of Justice, if ever filed against Joji Avelino, is nothing less than a politically engineered repression perpetrated against the administration's chosen enemies./TCT

Writing Professional E-mails

CENTS & SENSIBILITY



CHRISTIAN GEORGE ACEVEDO

Sending out e-mail has become part of our everyday existence. We e-mail friends all the time. But there's really a big difference between writing an e-mail from writing a professional e-mail. What is it? Professional e-mails are always compelling and effective. Here are our 15 simple but profound tips on how to make your e-mail more interesting and sophisticated, making you an effective online conversationalist.

Keep your e-mail objective-driven. Why send him an e-mail for the first place? E-mailing for no reason at all is like putting yourself at an embarrassing situation. It's like beating around the bush. Organize your thoughts and never let confusion overrule your brain. Keep your intentions clean and you'll stay focused your e-mail that way.

Be Straight to the Point. Stop being prosaic. Skip the meaningless intros, don't use stuffy words but be wise all the time. In e-mailing, "less is always more!"

Always Put Good News on Your E-mail. Why would someone waste his time reading your e-mail? Simple. Because you have good news for him. Whether it's all about freebies, discounts or huge bargain sale, if you don't make it look like it's a good news, it's worth nothing for the reader.

Simplify, simplify, simplify. Keep your e-mails as simple to deal with it. Is it not boring?

Not one teaching strategy is suited to every kind of intelligence. There are nine of them according to Howard Gardner – Naturalist, Musical, Logical-Mathematical, Existential, Interpersonal, Bodily-Kinesthetic, Linguistic, Intra-personal, Spatial.

Not one teaching strategy can suit their interests/preferences.

One teaching style is not suited to explain the lesson clearly. Some are more applicable than others.

It is needed to get them more active, cooperative, and attentive in class.

"There is NO one best strategy." (teachingresources. uregina.wikispaces.net) Teachers should not rely on their competence alone to make their lessons more understandable.

They should be able to adjust to the students intelligence and interests and at the same time to how difficult the lessons could get and which is needed to make it easier for students to comprehend.

Variety ends monotony./TCT

Teaching: The Need for Variety

By Daniel Ariel Agascon, Head Teacher I
 Talon Elementary School
 Roxas City Division

Are your students yawning in class? Have the lost interest? Are they not participative in class? Are they doing things not related to the lesson like talking, texting, doodling, sleeping among others?

It may be because they are tired from staying up all night because of doing school work or other stuff, or they are simply too bored with the only teaching method you use.

Here are other reasons why variety is necessary when teaching:

Some students are tired of having to go through the same process each day. Imagine having to sit there and go through the same routine daily and there is no other choice but

21st Century Leadership

By Maria Leah Gibaliga, Principal I
 Sto. Niño Elementary School
 Tapaz, Capiz

Needs, trends, and people change as time passes on. If you still apply the same techniques of the past, you may need an update.

Here are some tips to have 21st century level of leadership. They must have strong leadership and the initiative to start a community dialogue on making an update model of education for the 21st century.

They must work on to design and implement professional development programs that help in a school's development.

They must be committed to developing and enhancing the teachers' skills through forming professional learning communities and mentoring.

They also try to get in touch with students who are struggling through leading authentic discussions.

They must be able to improve critical thinking, problem solving, communication, collaboration, and creativity skills. They must adopt new ideas and outlooks to teaching.

Nowadays, education is outcome based, research-driven, wherein the teacher becomes a facilitator or coach and the student becomes more active in participating in class, have greater freedom, the students and teachers have a harmonious relationship instead of the latter lacking trust to the former, the curriculum or teaching styles adapting to the students' interests, talents, and intelligences, provide collaborations among the class or even from other students from other schools through the web, have higher optimism when it comes to student performance, and patterned on the needs of globalized and hi-tech society.

SOURCES: learningfirst.org, 21stcenturyschools.com, and the21stcenturyprincipal.blogspot.com

Closely Watched Movies

ANÁYO



Mga sikat na artista; an iba totoo mag-arte.—March 30, 2011

Sa Langis at Tubig ni Danny Zialcita, nahiilang ko an gayon kan probinsya kan Albay kan mga nakaaging tiempo. The movie works more than a postcard—promoting the Bicol locales perhaps at the time when Tiwi Hot Springs was still hot—as more local color is provided in the use of Cagsawa Ruins as the lovers' meeting place. But I wonder why Mayon Volcano was not even shown. Only the Camalig town in Albay was featured. The film also shows the heyday of Philippine National Railways (PNR) trains famously called Bicol Express.

Released in 1980, this Filipino film hews the story of how one macho sensibility named Bobby (Dindo Fernando) is stripped of his dignity only because he comes to terms with facing the consequences of his actions head-on. When Dindo Fernando's Bobby, a Manila-based construction firm employee, is assigned by his boss to settle a problem with a client in Bicol, he meets Pilar (Amy Austria), a Bikolana who later becomes his sexual conquest.

Though the story is hackneyed, the movie will not fail to engage you because of the dialogues. I love how double meanings worked in the film, as follows:

"Para ka palang bulkan, pag nahihihi nagtagato sa ulap; pero pag nagsapak naman, manganda."—Dindo Fernando's Bobby said these words to Amy Austria's Pilar to lure her to his own whims. He did not tell Pilar that he is already married to Vilma Santos's Cory

"Napapsansin kong dumadalas ang punta ninyo sa bayan. Ano bang meron doon na dati'y wala? Konting ingat kayo, ha? Baka sumabog ang bulkan, tamaan kayo."—Ruben Rustia's Tatay to Amy Austria's Pilar

In these instances, the script written by Danny Zialcita himself provides perhaps some of the most sensible dialogues in Filipino cinema at the time. Beautiful.—November 23, 2012/TCT

Making Classroom Instructions Fun

By Rowena Capapas-Arostique, Teacher III
 Don Francisco Dinglasan Memorial School
 Roxas City

Staying inside the classroom listening to teachers expound on their topics and copying on the blackboard the lessons of the day can be tiring, exhausting and boring. That's why it is left to the imagination of teachers how to make classroom life among students interesting and, yes, enjoyable.

This is based on the premise that if the students enjoy their atmosphere and they like their teachers, education can be fun, fulfilling and productive. Boredom inside the classroom makes the students lazy and indifferent to their subject matters. Worse, they don't pay attention to their teachers and they also don't give premium to their lessons.

This is unfortunate because handling classroom instruction can be fun, exciting and enjoyable depending on how the teachers do it. Being the captain of the ship, teachers are tasked with responsibilities and obligations to see to it that their students absorb the lessons expected of them. But how can we solicit the interest and cooperation of our students if we, teachers, don't get their trust and confidence in us?

EXTRA-JUDICIAL SETTLEMENT OF ESTATE WITH WAIVER OF RIGHTS

Notice is hereby given that the intestate estate of the late Aurelia L. Moises left three fourth ¾ shares of the following parcels of land situated in Jamindan, Capiz. A parcel of land containing an area of Thirty-One Thousand Two Hundred Eighty Three square meters more or less covered under TCT No. T-25535; under TCT No. T-25538 containing an area of Ten Thousand One Hundred Two (10,102) square meters more or less and under TCT No. T-25539 containing an area of Nine Thousand Five Hundred (9,555) square meters more or less. The deceased also left a parcel of untitled land located at Barangay

The Capiz Times
 August 12, 2012 & September 2, 2013

NOTICE TO THE PUBLIC



Notice is hereby given that GEMMA BARONA is no longer connected with Myren Poultry Supply & Store. Any transaction entered with her from this day on shall no longer be honored.

The Roles of A Teacher

By Maria Carol M. Abenir, Teacher III
 Hipiona Elem. School
 Pontevedra, Capiz

Teaching is not only about explaining the lessons to the students to the point that everyone understands it.

They need to assure the student's safety especially if they do outdoor activities, scientific experiments, or even art class (they might need to use scissors) – injuries and other unexpected hazardous events can occur in these activities.

They must encourage students to "investigate, reason, out, and explore alternative solutions and take risks necessary to become successful problem solvers." (tdsb.on.ca)

They must get students actively involved in class through asking questions, and holding group activities or discussions.

They can adjust their teaching styles to the current trends in order to get students to be participative and interested. They must also need to make the learning environment fun, warm, protective, but professional.

They must be careful of their actions "because teachers are responsible for the social behavior in the classroom" (csun.edu). Students especially the younger ones, tend to imitate what they see or hear from adults most of which are the ones they look up to.

They should guide and assist students from time to time to tell them what to do and just sit there and do nothing.

They need to be observant of the students' behavior especially if they show signs that he or she is bullied. Once they understand what is wrong, they act on it in a just, unbiased, and sensitive way. They can also reach out to the students' families for help.

They also become the students' friends to whom they counsel.

To summarize it all, teachers should holistically develop students through mentoring and caring great care of them./TCT

Climate Change

By Regina Borja, SST III
 Capiz National High School
 Roxas City

Climate change has become a present-day phenomenon, actually now a by-word among us. One strong manifestation of climate change is global warming. The term sometimes is used to refer specifically to climate change caused by human activity as opposed to changes in climate that may have resulted as part of the Earth's natural processes. Climate change is something that caught us by surprise, something that we have never imagined. What is sad is that few seem aware of the problem's impact, and if ever they are aware, they do not know what to do to fight the problem.

In scientific parlance, global warming refers to surface temperature increases while climate change includes global warming and everything else that increasing greenhouse gas levels will affect. Most scientists have arrived at a conclusion that the main cause of the current global warming trend is human expansion of the "greenhouse effect" – warming that results when the atmosphere traps heat radiating from Earth toward space. Carbon dioxide emitted through various human activities aggravates greenhouse effect. A minor but very important component of the atmosphere, carbon dioxide is released through natural processes such as respiration and volcano eruptions and through human activities such as deforestation, land use changes, and burning fossil fuels. Another gas that contributes to greenhouse effect is methane. This is hydrocarbon gas produced both through natural sources and human activities, including the decomposition of wastes in landfills, agriculture, and especially rice cultivation, as well as ruminant digestion and manure management associated with domestic livestock. Nitrous oxide also contributes to greenhouse effect. This is a powerful greenhouse gas produced by soil cultivation practices, especially the use of commercial and organic fertilizers, fossil fuel combustion, nitric acid production, and biomass burning. It is unfortunate, indeed, that despite the gravity of the problem, climate change seems not given the needed attention by us. Teachers must try to integrate the topic in classroom instruction to enable students to really understand and internalize the problem./TCT

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CLASSIFIED

August 12-18, 2013



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Bid documents will be available (September 2 & 3, 2013) only to prospective bidders upon payment of a non-refundable fee of Two Thousand Pesos (Php 2,000.00) to the Capiz Electric Cooperative, Inc. (CAPELCO) Main Office.

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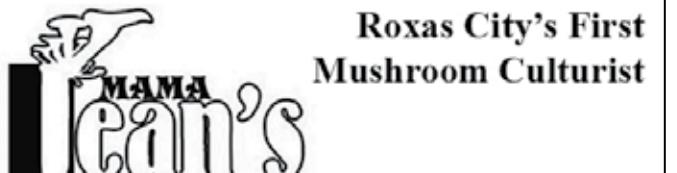
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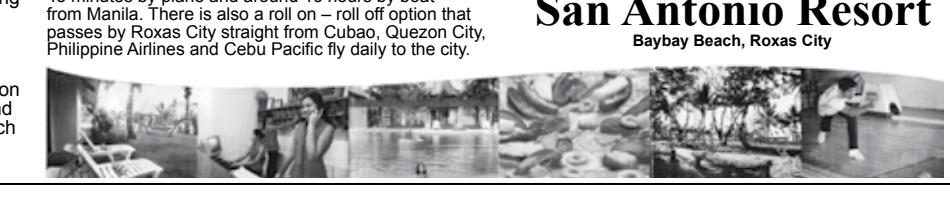
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San Antonio Resort
Baybay Beach, Roxas City

August 12-18, 2013

PATIENTS /1

surprised with the number of patients and unexpected number of volunteers who supported the activity.

Granflor expressed his gratitude to all who unfiringly took part in the fulfillment of the mission.

According to Granflor, "nothing is impossible with everyone's support and the grace of the Lord who makes all things happen." (Carlette Pretta/TCT)

POVERTY SURVEY /1

survey in 2010, four in every 10 families or 41.3 percent nationwide had at least one member who purposely saw a government official or personnel or visited a government office to secure permit or licenses, pay taxes, avail social services or seek assistance from police or court during the 12-month period prior to the survey.

Results of the 2010 APIS showed that 75 percent of families with

DEED OF ADJUDICATION WITH SALE

surviving heir MERIAM TALAPIAN ACUNIN hereby adjudicate by herself of the said parcel of land and in the amount of ONE HUNDRED THOUSAND PESOS (P100,000.00) paid by SPOUSES LEONCIO B. BAQUILAR, JR. and MARY ANN C. BAQUILAR, the said parcel of land hereby sold, CEDE, TRANSFER and CONVEY, ABSOLUTELY and IRREVOCABLY unto the said vendee. Entered in the Notary Public of Atty. Ferdinand Jomilla as per Doc. No. 089-2013000430 containing a area of FORTY FOUR THOUSAND

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HAPPY BEN-DAY!

All that Msgr. Benjamin "Lolo Ben" Advincula wanted was to make a difference by doing something good for the people he had loved. And he touched the lives of these people he did. In his own time.

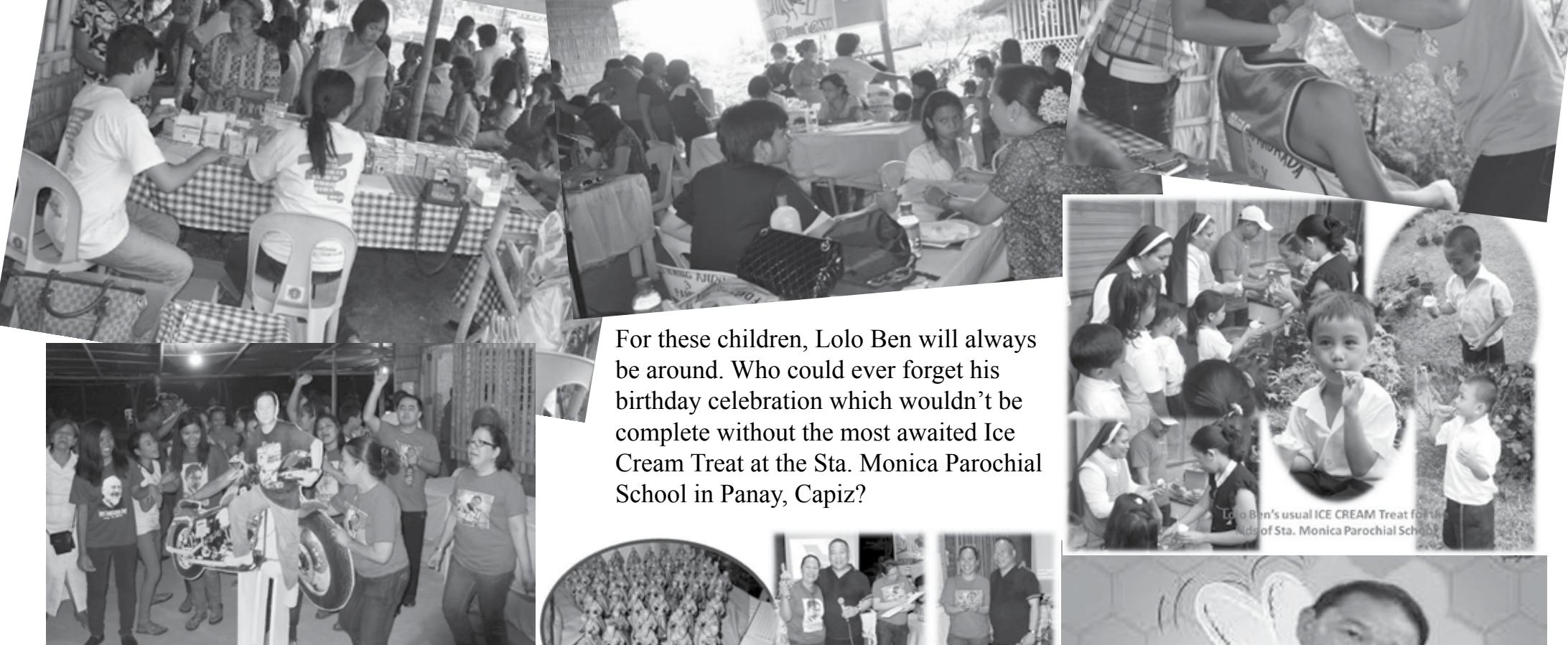
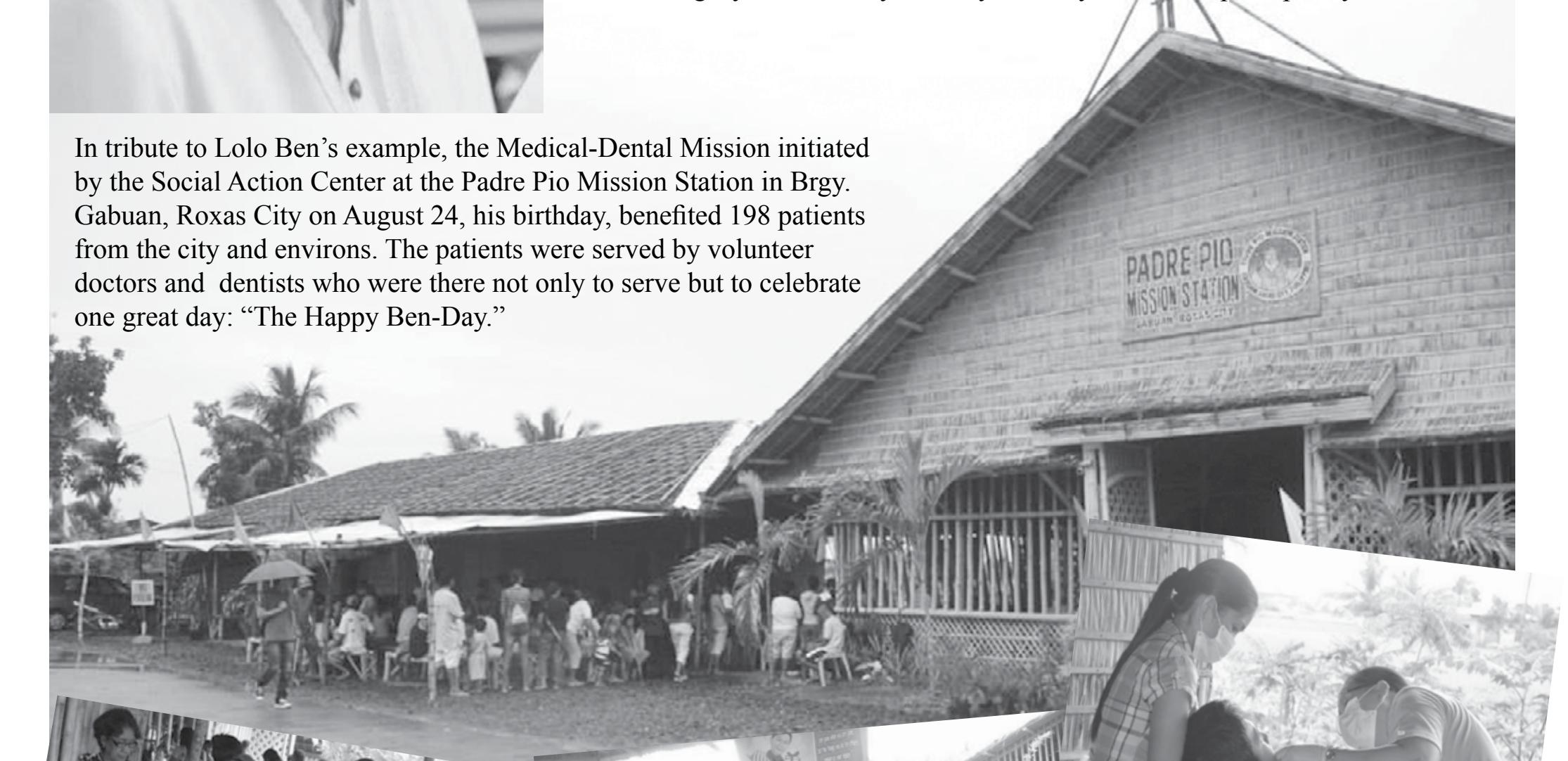
In his 25th year in the priesthood, his motto was to "go for the gold": meaning, he wanted to reach his 50th year anniversary. He wanted to do more than what he had done.

In his 38th year when he had to battle for his life, he dreamt to reach his Ruby jubilee. He had settled for 40 years, but even that, he missed it.

He may have left sooner, but he's never gone.

He is still with us and wants us to continue the things he had started. Through all these, his legacy will live beyond 40 years, beyond 50. Or perhaps beyond lifetime.

In tribute to Lolo Ben's example, the Medical-Dental Mission initiated by the Social Action Center at the Padre Pio Mission Station in Brgy. Gabuan, Roxas City on August 24, his birthday, benefited 198 patients from the city and environs. The patients were served by volunteer doctors and dentists who were there not only to serve but to celebrate one great day: "The Happy Ben-Day."



For these children, Lolo Ben will always be around. Who could ever forget his birthday celebration which wouldn't be complete without the most awaited Ice Cream Treat at the Sta. Monica Parochial School in Panay, Capiz?

Each Padre Pio statuette will remind us that you were once with us, and that you will always be with us.

Each opportunity to help and make a difference, a reminder of a life well lived for others worthy to follow.



Science Apps for Teaching

By Genevi D. Bance, Teacher III
Intongcan Elementary School
Pontevedra, Capiz

One of the things students want from their teachers is that the latter would be able to connect to them.

Downloadable applications from the web are a craze among today's generation especially games and interactive apps. What if we combine their passion with ours: that is to teach?

Here are some cool apps that we can use in teaching Science.

Video Science. This has a wide collection of two-to three-minute videos of science experiments complete with all details about the project and the needed supplies. Most experiments are cheap and the materials needed are easy to find but also provides links to online vendors just in case supplies are hard to search.

The Elements: A Visual Exploration. It is more than the typical periodic table of elements you see hanging on the classroom wall. It provides a more visually appealing way of learning about these elements. There are spinning objects that represent each element. Users can drag their finger back and forth to change the direction and speed of the item. You can know of the element's properties such as the melting and boiling points, density, and atomic weight. There is another page wherein the element's practical uses in Earth are revealed. You can also buy inexpensive 3D glasses from the app creator's web site and make the images look like it came out of the iPad.

Speaking of 3D, there are plenty of 3D apps online like Molecules, 3D Brain, 3D Cell, Skeletal 3D Anatomy, 3D Sun, among others which will give students a more realistic learning experience.

If there is anything students find disgusting the most is frog



dissection but with the help of the app with the same title, they get an inside look of the frog without the formaldehyde smell, the hazards of using scalpels, scissors, and injectors, killing live frogs, and having a bothered conscience because you have to kill one for Science. There is also a step-by-step instructions with voice over to guide you in the process.

Once you were able to expose the frog's organs, you simply click it and a spinnable computer generated image pops up along with a description.

There is also an interactive quiz and additional detailed information on the frog's biology.

Technology makes life easier and cooler. Let us take advantage of it in order to make the lives of others easier too./TCT

SOURCES: educatortechnology.com and howstuffworks.com

Teaching Word Problems

By Cheryl Banaylo, Master Teacher I
Intongcan Elementary School
Pontevedra Capiz

Word problems in Mathematics help students understand basic math principles. It illustrates a connection between Math and the real world. (wordproblems.weebly.com) It is also used to develop their analyzing skills. But some do not manage to hone such. How come?

The students' level of reading comprehension can affect how he solves word problems. Sure, you might wonder Mathematics is all about numbers. How does reading comprehension come into play? Of course, word problems need to be read and understood well in order to get the correct answer. The remedy for the aforementioned problem is to encourage students to undergo remedial sessions on reading comprehension and to find time to increase their vocabulary and grammar by reading the dictionary, English language newspapers or watching TV shows in English. Problems have become too simple. Students are usually exposed to the same problem repeatedly that they start to take for granted reading the entire problem carefully. They also tend to think linearly, step-by-step, and try to make the numbers and text match in the same order. E.g. Jane had 25 pens and gave away 15. How many does she have now? Answer 25-15. Once the word problems do not follow the same format, they might get confused. E.g. After giving away some cards, Jane now has 17 cards left of her original 30. How many cards did she give away? Probably some students would not know whether to add, subtract, or multiply the two numbers. The best solution is to work on some problems from time to time but do not focus on calculating for the answer but rather analyzing which operations to use and the entire problem as a whole. A word can make difference in word problems. (homeschoolmath.blogspot.com)

Lack of visualization. Problems can be so abstract. It may be hard for some to develop an image in their minds of the problem. The best thing to do is let them draw a picture related to the problem and let them place the appropriate variables. (Vincent T. Brown)

Emphasis on speed. It has been stereotyped by some that problem solving is about speed especially when the time limit on the exam draws to a close. Tell students that problem solving is not about speed but rather it is about getting the job done.

For a short review, decent reading comprehension skills plus knowing which operations to use and being flexible with all sorts of word problems plus visualization plus careful reading equals success in solving mathematical word problems./TCT

Filamer Christian University
the first private university in Capiz

invites
friends, alumni, parents, and supporters
to the 109th Foundation Anniversary Celebration
August 23 – 31, 2013

Theme: "FCU@109: New Vision – Renewal and Hope"
Schedule of Activities

August 7	Sports Opening Program and Tournament
August 13	Inter-departmental Debate Elimination Round
August 14	Basketball & Volleyball Games
August 19	Basketball & Volleyball Games
August 20	Inter-departmental Debate Semi-Final Round
August 22	Basketball & Volleyball Games
August 23	Balbgames & Chess Competition
August 24	Commemoration Service
August 25	Talent Night, Miss Filamer 2013
August 26	Balbgames, Chess, & Swimming Competition
August 27	Alumni Assembly
August 28	Alumni Night
August 29	WSPO Grand Alumni Homecoming
August 30	Grand Parade & Opening Celebration
August 31	Playground Demonstration
	Booking of FCU Library
August 27	FASA Night
August 28	Literary – Musical Contests
August 29	Quiz Bowl
August 30	Balbgames
August 31	Literary – Musical Contests
	Interdepartmental Debate Final Round
August 27	Cheers, Yells, and Dance Competition
August 28	Balbgames
August 29	Search for Miss Filamer 2013
August 30	Balbgames
August 31	PTEA Day

21st-Century Leadership

By Maria Leah Gibaliga, Principal I
Sto. Niño Elementary School
Tapaz Capiz

Needs, trends, and people change as time passes on. We are now thirteen years past the 21st century, if you still apply the same techniques of the past, you may need an update.

Here are some tips to have 21st century level of leadership.

They must have strong leadership and the initiative to start a community dialogue on making an update model of education for the 21st century.

They must work on to design and implement professional

Colegio de la Purisima Concepcion

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In THE CAPIZ TIMES VOL 31 ISSUE 41, the article "THE EFFECTS OF BULLYING" was authored by GRAZL E. TUPAZ of DON VENANCIO ALBA ELEMENTARY SCHOOL in Brgy. Bolo Roxas City.

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Palapit kamo sa akon, Tanan kamo nga ginabudlayan kag ginabug-atan kay papahuwayon ko kamo.

—Mt 11:28

Menor-de-edad kritikal matapos mag-inom sg insecticide

Dakbanwa sg Roxas —Nabutang sa kritikal nga kondisyon ang isa ka 14-anyos nga bata nga babaye matapos nag-inom sang insecticide sa Barangay Centro, Dao, Capiz.

Padayon nga ginabulong sa ospital ang menor de edad nga nakilala kay Karen nga

nag-inom sang tunga sa baso nga insecticide.

Ginbahayag sang amay nga si Manong Pedro nga ginpuikaw niya ang anak agud pa-preparahan na sa pagsulod sa eskwelahan, apang nag-rason nga masakit ang ulo.

Suno sa amay, nakabiya

pa sang balay ang anak, apang nakabatyag sang pagpalanakit sang ulo kag pagpangluya kag gin-ako nga nag-inom sang insecticide.

Lipod man sa ihibalo sang mga ginikanan ni Karen ang rason sa tuyo nga pagpanginmatay. (Bombo Radyo/TCT)



Service to humanity always starts with a small, simple step. It is seldom achieved by a surplus of words unmatched by actions.

On August 16, pupils of Tugas Elementary School in Mambusao beamed with joy as they lined up to get a new pair of slippers from Board Member Eleuper "Bulilit" Martinez.

The tsinelas gift-giving was in line with Martinez's Unang Tikang Project. Dressed in yellow T-shirt and jeans, sporting a worn out sneaker, one would have mistaken 'Bulilit' Martinez as a messenger or a barangay tanod.

He walked unnoticed, without the flair of luxury or arrogance for power. Sparing in words, Bulilit brought the message across when he humbly said: "Nagbalik ako diri kag una nagpasalamat sa inyo hamili nga bulig sa nagligad nga elekson... Utang nga kabuboton ko ang pagsalig ninyo kag masami ko balikdon ini paagi sa paghatag sang serbisyo sa pumuluyo. Suluguon ako sang banwa, sang tawo, kag ang pag-ulupdanay naton subong isa ka memorable nga adlaw. Ini nga semana ginasulog naton ang Sec. Jesse Robredo's Week, isa ka pasidungog huwaran nga 'public servant.'

BM Martinez asked: Ngaman nabutang sa streamers sang stage, kon inyo nabasa, ang tinaga nga "Tsinelas Governance?" Ang "Tsinelas Governance" legasiya sa dunganon nga panghimana sang napatay nga DILG Sec. Jesse Robredo, mayor sang Naga City sadtu. Siya isa ka inspirasyon nga naghatag paglaum sa kadam-an—kag isa na ako nga nagpati sa iya causa kag panghimana. Ang akon masiling sa pagpasanyog sini nga Tsinelas Governance or Leadership, ang simply kag pag-amlig sa pag-gastos sang kaban sang gobyerno makadugang duag kag kabaskog sa akon pag-sirbi sa inyo.

"Kag sa mga bumulutho, ang mga tsinelas dira sa idalom sang stage, para sa tagsa-tagsa

sa inyo. Kag sa pagsuksok ninyo sang bag-o nga tsinelas, aton man handurawon ang buwas-damlag nga may pag-laum. Simple words but replete with far-reaching insight coming from Bulilit Martinez.

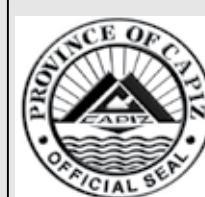
Later, those words kept on resonating in my mind when we rode to Brgy. Burias which was then celebrating its religious fiesta. I remembered Walt Whitman's wise words in my Philosophy class: "Simplicity is the glory of expression," and this phrase manifests itself no less in the sincere, modest service which had just started by Bulilit right before my eyes.

Simplicity is really disarming, it makes one uneasy when another person's acts candidly without pretense, free from hypocrisy and selfishness. I too realized the importance of Mr. Violabel Navarra's insight when he expressed: Ang kaalwan sa pagpangalagad nga nadihon sa simple kag tampad nga kabubut-on, isa ka tikang sa kauswagan. Kahintulad sa isa ka bag-o nga tsinelas, ang tagsa ka tikang nagahandum sang paglaum, kag ang mga nagasunod o masunod nga mga tikang nagabagtas sang kadalag-an sa pangabuhi. Una nga Tikang sa mga bumulutho sa ilang 'lifetime education.'

Over lunch and a bottle of beer, I was tempted to ask Board Member Martinez of his immediate plans. He answered in a plain, modest voice: "I want to fulfill my campaign promises. I need to channel or focus my efforts in providing the minimum basic services to Capisnon. One big problem is drinking water here in the 2nd district. My

long-term plan is to work for water district services that will enable our constituents to have access, adequate and affordable potable water." "Meanwhile, I will be giving water dispensers for free in various barangays of the 2nd district of Capiz. I believe, he added, that big things come from small things. Ang malimpiyo nga ilimonon nga tubig isa ka tikang sa ikaayong lawas sang tanan."

With late Sec. Jesse Robredo now considered as a folk hero in local governance, the best is yet to come to public service when one does not lose sight of the benefits of an



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3rd Floor, Provincial Capitol, Roxas City
E-mail capiz.tourism@yahoo.com

UPCOMING ACTIVITIES

DATE	ACTIVITIES	VENUE
August 8-10	Familiarization Tour & Dry-Run Capiz Tour Packages	Hall of Governors Provincial Capitol Roxas City
September 11-12	Sining ng Tugma at Sukat	
17	Tourism and Cultural Awareness Forum	Hercor College Lawaan
September 6-8	Philippine Travel Mart	SMX Convention Center Mall of Asia, Pasig City
October 23-29	Provincial Tourism Week Celebration	
October 3-5	Indigenous Peoples' Month 14th Association of Tourism Officers of the Philippines (ATOP) National Convention	Legaspi City, Albay
December 7-8	Sinadya sa Halaran	

YEAR-ROUND PROGRAMS

Lagaw Capiz
(Familiarization Tour)
Tourism and Cultural Awareness Forum
(School/LGU's)
Assessment of Potential
Tourism Sites
Tour Guiding Services

Front-liners' Training
• Van/Taxi/Tricycle
• Front Office
• Housekeeping
• Food and Beverages

Technical Assistance in Organizing Community-based Rural Tourism

Visitors Profiling
[Accommodation establishment & point-of-entry (airport/seaport survey)]

Website Development

Bata hinalay habang kinukunan ng video

Lungsod ng Roxas—Sinampaahan ng kasong rape sa Provincial Prosecutor's Office ng mga kasapi ng Dumaraao PNP ang 19-anyos na lalaki na gumahasa sa 12-anyos na menor de edad

sa isang perya sa Barangay Poblacion sa nasabing bayan.

Base sa imbestigasyon ng mga otoridad, naglalakad sa plaza ang biktima na si alyas Nene nang pinilit ng suspek na si alyas Toto at

ng kasama nitong lalaki na dalhin sa loob ng perya.

Kasunod nito, hinalay ng suspek ang biktima habang ang kasama nito ang kumukuha naman ng video sa cellphone.

Ngunit nagbago ng pahayag sa mga otoridad ang biktima at sinabing isa tao lang umano ang nanghalay sa kanya.

Isinailalim sa medical examination ang dalagita sa

Mambusao District Hospital at napag-alaman na ito ay positibong ginahasa.

Samantala nakakulong na sa Dumaraao PNP station ang Cebuanong suspek.

Sa ngayon, titingnan pa ng mga otoridad kung may diperensiya sa pag-iisip ang menor de edad o hindi pa nakaka-recover sa kanyang pinagdaanan kung kaya't pabago-bago ito ng statement. (Bombo Radyo/TCT)

untarnished name and a great example. Board Member Bulilit Martinez was welcomed by Tugas Elementary School teachers, namely: Imelda Gallego; Mary Ann Estocada; Jona Aguirre; Serali Batuigas; Glory May Lipura, Marivel Laysa, Voleta Laysa, Emie Nonato; and Violabel Navarra, the school principal. Mr. Joey Paredes, PTA President also attended Martinez's project. Recently, Martinez authored the Provincial Ordinance declaring August 11-18 as the Secretary Jesse Robredo's Week in the province of Capiz./TCT